

Oakdale Middle School 8th Grade Point Reyes Schedule
October 28 – Nov 1, 2013

Clem Miller Ctr	(415) 663-1920	Phone in dining lodge
PRNSA Office	(415) 663-1200 x306	Ask for Fiona O’Kelly or Julia Clothier
Mike Amparo	(916) 832-2044	Teacher
Dianne Willson	(916) 223-3380	Teacher
Amber Kranz	(707) 344-5150	Teacher
Rodger Tolle	(408) 761-4931	Teacher
Josh McDonald	(916) 835-0938	Chaperone
Guadalupe Manzo	(916) 470-5939	Chaperone
Jo Anna Lujan	(916) 308-7153	Chaperone
Jeremy Sparks	(916) 743-3572	Chaperone
Alicia Willson	(916) 224-6960	Chaperone

Dianne, Alicia, and Rodger will leave by 8am with the food and will meet the bus at the bus parking lot.	Jo Anna will drive her vehicle (leaving at 9:30) with Bruce V. to transport gear.
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Monday 10-28-13 Schedule for those driving personal vehicles:

Time	Activity	Details
8:00am	Depart Oakdale with supplies	Cold foods must be transported in ice chests with ice. Raw meat must be kept separate from all other food.
10:30am	Arrive at Bear Valley Visitor Center to pick up key.	See the ranger at the cash register at the Visitor Center desk.
11:00am	Arrive at Ed Center	Unlock the kitchen door - the only one without glass.
11:00am until dinner prep	Unload and put away all food and kitchen supplies.	Raw meat will need to go on the bottom shelf of the refrigerator.
	Kitchen training	Mandatory; conducted by Ed Center staff
Afternoon	Unpack and settle in	
Begin at 3pm	Prepare dinner	First night's dinner is spaghetti, salad, French bread
6pm	Dinner	
8pm	Snack	Oreos

Monday, October 28th, 2013

Time	Activity	Notes
8:30	Students arrive at school and pack bus. Take water bottles on bus. Use restrooms before leaving.	Pick up sack lunches from cafeteria.
9:00am	Depart Oakdale	
11:15am	Arrive Bear Valley Visitor Center. Eat lunch, use restrooms, etc.	
11:45	Depart for CMEEC bus parking lot.	
12:00-12:45	Arrive CMEEC bus lot and hike to Ed Center on trail. Mrs. Willson will meet you at the bus lot and all gear will be transported to the Ed Center. Students should keep their backpacks and water with them.	This walk is about 20 minutes.
12:45-2:15	Students and adults arrive at Ed Center. <ul style="list-style-type: none"> • Gear is unloaded onto the porch. • No one and no gear goes to cabins until later in the afternoon. • Students sit with chaperones on the dining lodge steps for orientation. • Student orientation facilitated by Ed Center Program Coordinator, 1:15-2:00 • Teachers meet with Ed Center staff to review site safety and check out teaching supplies 2:00-2:15. • Break into trail groups. 	
2:15-2:45	1 st Group challenge: Roving Circles, then Zoom	
2:45-4:00	Trail groups <ul style="list-style-type: none"> • Photo scavenger hunt • Sit Spot if time allows • Snack • Draw numbers for choosing bunks 	Journals Pencils Cameras
4:00-5:45	Move into cabins; game in meadow when finished Scavenger Hunt winners choose bunks first, everyone else by number drawn in drawing.	Frisbees Soccer ball Whiffle ball & bat
5:45	Wash for dinner	
6:00-7:00	Dinner <ul style="list-style-type: none"> • Question of the evening • Meal procedures • Clean-up and ORT 	If you had \$1M to use to improve your community, what would you use it for? ORT – Dianne & Amber
7:00-7:20	Cabin time <ul style="list-style-type: none"> • Get flashlight • Organize PJ's, toiletries so they can be easily found in the dark • Chaperone help the cabin divide into morning/evening shower groups 	
7:30-8:30	Large group activity and dessert	
8:30-8:50	Trail group wrap-up <ul style="list-style-type: none"> • Nightly check-in • Meet at fixed location each night (main dining hall, classroom, patio) • Share highlight of day, what went well, concerns, go over tomorrow's schedule, expectations. 	Chart paper Markers Mural paper Journals
8:50-9:45	Cabin time <ul style="list-style-type: none"> • Showers for evening shower groups • Overnight restroom visits – choose a buddy 	
9:45-10:00	Settle in: <ul style="list-style-type: none"> • Read if you'd like to • Sleep if you'd like to 	
10:00	Lights out	

Tuesday, October 29th, 2013

Time	Activity	Notes
7:00	Wake up <ul style="list-style-type: none"> • Morning shower group to showers • Dress and tidy your space in your cabin • Bring your backpack to breakfast, with filled water bottle, hat, sunscreen, layers of clothing and leave on patio 	
8:00-9:00am	Breakfast <ul style="list-style-type: none"> • Question of the morning • Reminders: Procedures for meals, clean-up, ORT 	
9:00-9:30	2 nd Group Challenge: Knots – in two groups	
9:30-11:30	Centers – Round 1: A: Amber - Bingo! (Plant ID game from Grizzly Creek – use photos from Pt. Reyes Journal) on Hidden Loop Trail or other? (Ask Fiona – maybe the road near the entrance?) Plus one more team building game/activity B: Dianne & Mike- Name toss (with plush toy) & Peanut Butter Swamp?? (game – takes about an hour) C: Sarah – Team building game, trail group name, pre-evaluation, tree cookies, individual goal for the week	First aid kits Journals Pencils Plush toy Foam squares Tarp Construction paper Markers Tree cookies Sharpies
11:30-12:00	Clean-up for lunch, frisbee in the meadow	Frisbees Soccer ball Whiffle ball & bat
12:00-12:45	Lunch <ul style="list-style-type: none"> • Outside at picnic tables • Drink lots of water ☺ 	
1:00-2:45	Centers – Rounds 2 – Same as the morning	
2:45-3:00	Snack, restroom break	
3:00-5:00	Centers – Round 3 – Same as the morning	
5:00-5:45	Games in the meadow, relax, evening showers	
5:45	Wash for dinner	
6:00-7:00	Dinner <ul style="list-style-type: none"> • Question of the evening – Use ideas from Grizzly Creek and Roving Circles 	
7:00-7:20	Cabin time <ul style="list-style-type: none"> • Get flashlight • Organize PJ's, toiletries so they can be easily found in the dark • Be at campfire ring by 7:30 	
7:30-8:30	Campfire	Skit ideas
8:30-8:50	Trail group wrap-up & Dessert <ul style="list-style-type: none"> • Nightly check-in • Meet at fixed location each night (main dining hall, classroom, patio) • Share highlight of day, what went well, concerns, go over tomorrow's schedule, expectations. 	
8:50-9:45	Cabin time <ul style="list-style-type: none"> • Showers for evening shower group students who didn't shower earlier 	
9:45-10:00	Settle in: <ul style="list-style-type: none"> • Read if you'd like to • Sleep if you'd like to 	
10:00	Lights out	

Wednesday, October 30th, 2013

Time	Activity	Notes
7:00	Wake up <ul style="list-style-type: none"> • Morning shower group to showers • Dress and tidy your space in your cabin • Bring your backpack to breakfast, with filled water bottle, hat, sunscreen, layers of clothing and leave on patio 	
8:00-9:00am	Breakfast <ul style="list-style-type: none"> • Question of the morning 	
9:00-9:30	3 rd group challenge ?????	
9:30-4:30	If weather permits, this may also be a day we hike to Limantour Beach	
9:30-11:30	Centers – Round 1: A: Amber – Creek Water Quality Study B: Dianne – One Chicken, Two Chicken, Red Chicken, Blue Chicken; Jays and Juncos; C: Sarah & Mike – Camera, Duplication; Animal Clue Game	
11:30-12:00	Clean-up for lunch, frisbee in the meadow	
12:00-12:45	Lunch <ul style="list-style-type: none"> • Outside at picnic tables • Drink lots of water ☺ 	
1:00-2:45	Centers – Rounds 2 – Same as the morning	
2:45-3:00	Snack, restroom break	
3:00-4:45	Centers – Round 3 – Same as the morning	
4:45-5:45	Mid-week clean-up (evening showers can start if clean-up is finished)	
5:45	Wash for dinner	
6:00-7:00	Dinner <ul style="list-style-type: none"> • Question of the evening 	
7:00-7:20	Cabin time <ul style="list-style-type: none"> • Get flashlight • Organize PJ's, toiletries so they can be easily found in the dark • Be ready for night hike at 7:30 	
7:30-8:30	Night hike <ul style="list-style-type: none"> • Rods and Cones Experiment – use one from EC packet or do the one from Grizzly Creek • Bat and Moth (give students the choice?) One group go up road near entrance, one use trail with bridge? 	
8:30-8:50	Trail group wrap-up & Dessert (choc cake on napkins) <ul style="list-style-type: none"> • Nightly check-in • Meet at fixed location each night (main dining hall, classroom, patio) • Share highlight of day, what went well, concerns, go over tomorrow's schedule, expectations. 	
8:50-9:45	Cabin time <ul style="list-style-type: none"> • Showers for evening shower group students who didn't shower earlier 	
9:45-10:00	Settle in: <ul style="list-style-type: none"> • Read if you'd like to • Sleep if you'd like to 	
10:00	Lights out	

Thursday, October 31st, 2013

Time	Activity	Notes
7:00	Wake up <ul style="list-style-type: none"> • Morning shower group to showers • Dress and tidy your space in your cabin • Bring your backpack to breakfast, with filled water bottle, hat, sunscreen, layers of clothing and leave on patio 	
8:00-9:00am	Breakfast <ul style="list-style-type: none"> • Question of the morning 	
9:00-9:30	4 th group challenge: Lap Sit	
9:30-10:15	Hike to Limantour Beach	
10:30-11:30	Beach Scavenger Hunt	
11:30-12:00	Team-building game/activity	
12:-12:30	Lunch on the beach	
12:30-1:30	Fun on the beach	
1:30-2:30	Tidepool Scavenger Hunt	
2:30-3:15	Hike to EC	
3:30-5:00	Journal, Sit Spot, Peanut Butter Swamp, if needed	
5:00-5:45	Start to pack for home, evening showers	
5:45	Wash for dinner	
6:00-7:00	Dinner <ul style="list-style-type: none"> • Question of the evening 	
7:00-7:20	Cabin time <ul style="list-style-type: none"> • Get flashlight • Organize PJ's, toiletries so they can be easily found in the dark • Be ready for night hike at 7:30 	
7:30-9:00	Campfire with S'mores	
9:15-9:30	Trail group wrap-up <ul style="list-style-type: none"> • Nightly check-in • Meet at fixed location each night (main dining hall, classroom, patio) • Share highlight of day, what went well, concerns, go over tomorrow's schedule, expectations. 	
9:30-10:15	Cabin time <ul style="list-style-type: none"> • Showers for evening shower group students who didn't shower earlier 	
10:15-10:30	Settle in: <ul style="list-style-type: none"> • Read if you'd like to • Sleep if you'd like to 	
10:30	Lights out	

Friday, November 1st, 2013

Time	Activity	Notes
6:00	Wake up <ul style="list-style-type: none">• Morning shower group to showers• Pack, bring all gear to patio before breakfast	
7:00-8:00	Breakfast <ul style="list-style-type: none">• Question of the morning	
8:00-8:15	Gather to distribute clean up chores	
8:15-10:45	Clean up!!!	
10:45-11:00	Check-out by EC staff <ul style="list-style-type: none">• Game/activity (TBD)• Pack gear in car(s)	
11:00-11:30	Closing in the meadow	
11:30-12:00	Hike to bus lot	
12:00-1:00	Drive to lighthouse	
1:00-1:30	Lunch	
1:30-3:30	Visit lighthouse & snack	
3:30	Leave for home	
7:00	Arrive at Oakdale	